

RAPID3

Form



**Complete the questions on your RAPID3 Form
to calculate your RAPID3 score**

The RAPID3 includes a subset of core variables found in the Multidimensional HAQ (MDHAQ). Page 1 of the MDHAQ, shown here, includes an assessment of physical function (section 1), a patient global assessment (PGA) for pain (section 2), and a PGA for global health (section 3). RAPID3 scores are quickly tallied by adding subsets of the MDHAQ as follows:

1. Please check the ONE best answer for your abilities at this time:				
OVER THE LAST WEEK, were you able to:	Without ANY difficulty	With SOME difficulty	With MUCH difficulty	UNABLE to do
a. Dress yourself, including tying shoelaces and doing buttons?	___ 0	___ 1	___ 2	___ 3
b. Get in and out of bed?	___ 0	___ 1	___ 2	___ 3
c. Lift a full cup or glass to your mouth?	___ 0	___ 1	___ 2	___ 3
d. Walk outdoors on flat ground?	___ 0	___ 1	___ 2	___ 3
e. Wash and dry your entire body?	___ 0	___ 1	___ 2	___ 3
f. Bend down to pick up clothing from the floor?	___ 0	___ 1	___ 2	___ 3
g. Turn regular faucets on and off?	___ 0	___ 1	___ 2	___ 3
h. Get in and out of a car, bus, train, or airplane?	___ 0	___ 1	___ 2	___ 3
i. Walk two miles or three kilometers, if you wish?	___ 0	___ 1	___ 2	___ 3
j. Participate in recreational activities and sports as you would like, if you wish?	___ 0	___ 1	___ 2	___ 3
k. Get a good night's sleep?	___ 0	___ 1.1	___ 2.2	___ 3.3
l. Deal with feelings of anxiety or being nervous?	___ 0	___ 1.1	___ 2.2	___ 3.3
m. Deal with feelings of anxiety or feeling blue?	___ 0	___ 1.1	___ 2.2	___ 3.3

1. a-j FN (0-10):

1=0.3 16=5.3
 2=0.7 17=5.7
 3=1.0 18=6.0
 4=1.3 19=6.3
 5=1.7 20=6.7
 6=2.0 21=7.0
 7=2.3 22=7.3
 8=2.7 23=7.7
 9=3.0 24=8.0
 10=3.3 25=8.3
 11=3.7 26=8.7
 12=4.0 27=9.0
 13=4.3 28=9.3
 14=4.7 29=9.7
 15=5.0 30=10

2. PN (0-10):

3. PTGE (0-10):

RAPID3 (0-30)

2. How much pain have you had because of your condition OVER THE PAST WEEK? Please indicate below how severe your pain has been:

NO PAIN PAIN AS BAD AS IT COULD BE

● 0 ● 0.5 ● 1.0 ● 1.5 ● 2.0 ● 2.5 ● 3.0 ● 3.5 ● 4.0 ● 4.5 ● 5.0 ● 5.5 ● 6.0 ● 6.5 ● 7.0 ● 7.5 ● 8.0 ● 8.5 ● 9.0 ● 9.5 ● 10

3. Considering all the ways in which illness and health conditions may affect you at this time, please indicate below how you are doing:

VERY WELL VERY POORLY

● 0 ● 0.5 ● 1.0 ● 1.5 ● 2.0 ● 2.5 ● 3.0 ● 3.5 ● 4.0 ● 4.5 ● 5.0 ● 5.5 ● 6.0 ● 6.5 ● 7.0 ● 7.5 ● 8.0 ● 8.5 ● 9.0 ● 9.5 ● 10

CONVERSION TABLE

Near remission (NR): 1=0.3; 2=0.7; 3=1.0	High severity (HS): 13=4.3; 14=4.7; 15=5.0; 16=5.3; 17=5.7;
Low severity (LS): 4=1.3; 5=1.7; 6=2.0	18=6.0; 19=6.3; 20=6.7; 21=7.0; 22=7.3; 23=7.7; 24=8.0;
Moderate severity (MS): 7=2.3; 8=2.7; 9=3.0; 10=3.3; 11=3.7; 12=4.0	25=8.3; 26=8.7; 27=9.0; 28=9.3; 29=9.7; 30=10.0

How to calculate RAPID3 scores

1. Ask the patient to complete questions 1, 2, and 3 while in the waiting room prior to his/her visit.
2. For question 1, add up the scores in questions A-J only (questions K-M have been found to be informative, but are not scored formally). Use the formula in the box on the right to calculate the formal score (0-10). For example, a patient whose answers total 19 would score a 6.3. Enter this score as an evaluation of the patient's functional status (FN).
3. For question 2, enter the raw score (0-10) in the box on the right as an evaluation of the patient's pain tolerance (PN).
4. For question 3, enter the raw score (0-10) in the box on the right as an evaluation of the patient's global estimate (PTGE).
5. Add the total score (0-30) from questions 1, 2, and 3 and enter them as the patient's RAPID3 cumulative score. Use the final conversion table to simplify the patient's weighed RAPID3 score. For example, a patient who scores 11 on the cumulative RAPID3 scale would score a weighed 3.7. A patient who scores between 0-1.0 is defined as near remission (NR); 1.3-2.0 as low severity (LS); 2.3-4.0 as moderate severity (MS); and 4.3-10.0 as high severity (HS).

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