



How to Fill Out Your RAPID3 PATIENT TRACKER

After completing questions 1, 2, and 6 of the MDHAQ Questionnaire and calculating your RAPID3 score, record your scores in the RAPID3 tracker to track your rheumatoid arthritis (RA) disease activity. Bring this tracker to your doctor's appointments to discuss your RA disease activity and treatment.

A RAPID3 Score Type
To begin, pick the reason you calculated your RAPID3 score: Is this for an upcoming doctor's appointment or for a routine monthly self check in between doctor's appointments?

B RAPID3 Question Scores
Write in the date, then fill in your FN, PN, and PTGL scores from your questionnaire. Next, add up the three numbers to get your RAPID3 Score.
For example, an FN score of 5, a PN score of 1.5, and a PTGL score of 4, equals to a total RAPID3 score of 10.5.

C RAPID3 Score Chart and Disease Severity Category
Use the score chart to keep track of your RAPID3 score.
The chart numbers and colors reflect the disease severity categories. If your RAPID3 score moves into a new shaded section, then your status has changed and you should discuss this with your doctor.
For example, if a patient's RAPID3 score was 10.5, then it would be recorded by placing an X at 10.5 on the chart. This score puts the patient in the orange "Moderate Severity" category since 10.5 falls between the numbers 6.1 and 12.

A Pick One

Doctor's Appointment

Routine Monthly Self Check

	Date	1/8
Physical Function (FN)	+	5
Pain (PN)	+	1.5
Patient Global Assessment (PTGL)	+	4
=RAPID3 Score		10.5

High Severity (RAPID3 Score greater than 12)	30	
	29	
	28	
	27	
	26	
	25	
	24	
	23	
	22	
	21	
	20	
Moderate Severity (RAPID3 Score 6.1 to 12)	19	
	18	
	17	
	16	
	15	
	14	
	13	
	12	
	11	X
	10	
	9	
Low Severity (RAPID3 Score 3.1 to 6)	8	
	7	
	6	
Near Remission (RAPID3 Score less than or equal to 3)	5	
	4	
	3	
	2	
1		
0		



RAPID3 SCORE TRACKER

Pick One

Doctor's Appointment

Routine Monthly Self Check

Date						
Physical Function (FN)	+					
Pain (PN)						
Patient Global Assessment (PTGL)	+					

=RAPID3 Score

High Severity (RAPID3 Score greater than 12)	30					
	29					
	28					
	27					
	26					
	25					
	24					
	23					
	22					
	21					
	20					
	19					
	18					
Moderate Severity (RAPID3 Score 6.1 to 12)	17					
	16					
	15					
	14					
	13					
Low Severity (RAPID3 Score 3.1 to 6)	12					
	11					
	10					
	9					
	8					
Near Remission (RAPID3 Score less than or equal to 3)	7					
	6					
	5					
	4					
	3					
	2					
	1					
	0					

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