

Dermatology Life Quality Index (DLQI)

Each question has 4 alternative responses:

0 Not at all **1** A little **2** A lot **3** Very much

with corresponding scores of 0, 1, 2, and 3, respectively. The answer "not relevant" is scored as "0." The total DLQI score is calculated by adding the scores from all questions and can range from 0 to 30.

Hospital No. _____ Date _____

Name _____ Diagnosis _____

Address _____


 A small, empty rectangular box for writing the total score.

TOTAL SCORE

The aim of this questionnaire is to measure how much your skin problem has affected your life OVER THE LAST WEEK. Please select the answer that best describes your experiences.

1. Over the last week, how **itchy, sore, painful, or stinging** has your skin been?

SCORE

0 Not at all **1** A little **2** A lot **3** Very much


 An empty rectangular box for writing the score for question 1.

2. Over the last week, how **embarrassed or self-conscious** have you been because of your skin?


 An empty rectangular box for writing the score for question 2.

0 Not at all **1** A little **2** A lot **3** Very much

3. Over the last week, how much has your skin interfered with you going **shopping** or looking after your **home or yard**?


 An empty rectangular box for writing the score for question 3.

0 Not at all **1** A little **2** A lot **3** Very much **0** Not relevant

4. Over the last week, how much has your skin influenced the **clothes** you wear?


 An empty rectangular box for writing the score for question 4.

0 Not at all **1** A little **2** A lot **3** Very much **0** Not relevant

5. Over the last week, how much has your skin affected any **social or leisure** activities?


 An empty rectangular box for writing the score for question 5.

0 Not at all **1** A little **2** A lot **3** Very much **0** Not relevant

6. Over the last week, how much has your skin made it difficult for you to do any **sport**?


 An empty rectangular box for writing the score for question 6.

0 Not at all **1** A little **2** A lot **3** Very much **0** Not relevant

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DLQI (cont'd)

7. Over the last week, has your skin prevented you from **working or studying**?

SCORE

 **NO**  **YES**  **Not relevant**

If **NO**, over the last week how much has your skin been a problem at **work or studying**?

 **Not at all**  **A little**  **A lot**

8. Over the last week, how much has your skin created problems with your **partner** or any of your **close friends or relatives**?

 **Not at all**  **A little**  **A lot**  **Very much**  **Not relevant**

9. Over the last week, how much has your skin caused any **sexual difficulties**?

 **Not at all**  **A little**  **A lot**  **Very much**  **Not relevant**

10. Over the last week, how much of a problem has the **treatment** of your skin been, for example by making your house messy, or by taking up time?

 **Not at all**  **A little**  **A lot**  **Very much**  **Not relevant**

Notes

Reference: Finlay AY, Khan GK. Dermatology Life Quality Index (DLQI)—a simple practical measure for routine clinical use. *Clin Exp Dermatol*. 1994;19(3):210-216.