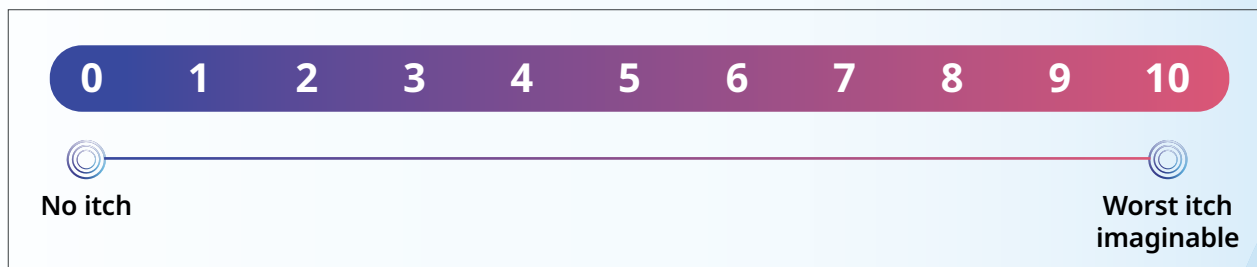


## Peak Pruritus Numerical Rating Scale (PP-NRS)

The PP-NRS is a single self-reported item designed to measure “worst” itch over the previous 24 hours.

On a scale of 0 to 10, with 0 being “no itch” and 10 being “worst itch imaginable,” how would you rate your itch at the worst moment during the previous 24 hours?



A horizontal numerical scale from 0 to 10. The numbers are displayed in white on a background that transitions from dark blue at 0 to light blue at 10. Below the scale, a horizontal line with circular endpoints at 0 and 10 is shown. The left endpoint is labeled "No itch" and the right endpoint is labeled "Worst itch imaginable".



**Reference:** Yosipovitch G, Reaney M, Mastey V, et al. Peak Pruritus Numerical Rating Scale: psychometric validation and responder definition for assessing itch in moderate-to-severe atopic dermatitis. *Br J Dermatol*. 2019;181(4):761-769.

PP-NRS: © Regeneron Pharmaceuticals, Inc., and Sanofi, 2017.